



## To the Instructor

Emergency preparedness is incredibly important to the safety and well-being of your students. In fact, the lessons you share with them today may save their lives. By showing them how to prepare, plan and stay informed, you are equipping them to respond calmly and confidently in the face of a variety of threatening situations.

These lessons are designed to complement your health and/or science curriculum. As you inform your students about the emergencies they may face – severe weather, earthquakes, home fires – you have the opportunity to bring in principles of meteorology, earth science and heat energy. Students will be engaged through hands-on activities and will be prepared to take a proactive role in getting their families ready for a variety of emergencies.

### **This toolkit includes a variety of materials to help you:**

- Three lesson plans, including suggested activities and discussion questions
  - o Prepare: Putting Together a Ready Kit
  - o Plan: Family Communications Plan
  - o Stay Informed: Emergency Role Playing Scenarios
- Recommended reading list
- Videos
  - o Kids can get ready too!
  - o ShakeOut, Don't Freak Out!
  - o Get your pets Ready
- Additional games and activities
- Tools and information to send home with your students
  - o Customizable letter to parents
  - o Tips for talking about disasters with kids
  - o Emergency supply checklist
  - o Family communications plan worksheet and pocket cards
  - o Emergency preparedness flyer (in English and Spanish)

All of these materials as well as additional resources are available on the *Ready Georgia* website – [www.ready.ga.gov](http://www.ready.ga.gov). Thank you for your help in making sure that Georgia's families prepare, plan and stay informed.